Progress Note

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| Date: Jan 17th | Start Time: 15:30 | End Time: 17:00 |
| Type of Contact: In person | Members Present: The Walker Family (Randy, Elizabeth, Matthew, and Faith) | |

Assessment Results: None administered

Summary: The purpose of the first meeting with the Walker Family was to collect necessary information and to identify the presenting problems. The Walker Family was referred by the school counselor because their daughter, Faith, had behavioral problems in school. There are four members of Walker’s family, Faith, her mother, Elizabeth, younger brother, Matthew and a step farther, Randy. The Walker family wore dirty clothes and appeared to have hygiene problems

I did the quick introduction of my job, and briefly explain the confidentiality they signed. In the beginning, I asked about their physical well-being because they appeared to have reduced hygiene.

Elizabeth reported the family was restricted to the time and transportation, and she mentioned her constraint of the consistent exhaustion. Elizabeth answered most of the questions. She was a housewife who believed the traditional gender role. What she recently concerned about Faith was bullied and blamed a teacher for Faith’s problems. Randy was disengaged in the family meeting. He emphasized the family needs more discipline to maintain behavior. 10-year-old Faith stated she did not like school and denied the aggressive actions by “I growled.” Matthew was four years. He continually moved around and answered questions in simple words. Elizabeth had closed relationships with Faith and Matthew, as evidenced by her assertion, “These are my children.”

Randy had distant relationships with the other family members. Randy was regarded as a breadwinner in the Walker family, and he does some odd works for cash. The source of money is a concern if he illegally got the cash.

The primary family sources of income are from social assistant programs. Through the whole assessment, Matthew did not speak a sentence and kept moving around. In the evaluation, I noticed the family was dissociative, but strong bound existed inside parent and children. Therefore, I assume the family was not told the whole story and was still hide more secret.

Plan: Information was not enough and should have more effective comprehensive investment.

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